

Report Summary

Pennsylvania Screening, Brief Intervention, and Referral to Treatment (PA SBIRT) is a five-year initiative that will provide SBIRT services throughout the Commonwealth through September 2021. Funding for the project is granted through the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT).

- PA SBIRT project sites have provided SBIRT services to **22,375 (109.96%)** of the 20,349 unique patients intended to be served to date. In total, project sites have conducted over **84,000** total screenings, completed over **5,600** brief interventions, and made over **1,000** connections to specialty care.
- The overall follow-up enrollment rate is **10.37%**, exceeding the 10% grant requirement.
- **Blair County: EMPOWER³⁶⁰ Center for Health (EMP)** completed a draft of the **post-grant protocol** and trained a partner site in SBIRT. **Altoona Family Physicians (AFP)** has plans to **integrate SBIRT** into their electronic health record. **Pregnancy Care Center (PCC)** **successfully integrated SBIRT training** in their onboarding procedures.
- **Mercer County:** Primary Health Network's **Sharon Medical Group (SMG)** and **Greenville Community Health Center (GCHC)** drafted **post-grant protocols** and received materials and resources for ongoing support. Both SMG and GCHC will monitor the workflow and connections to care in the upcoming month.
- **Allegheny County:** Allegheny Health Network's **Forbes Family Medicine (FFM)** drafted a **post-grant protocol** to include electronic screening. **AHN Downtown (AHN-D)** **increased** the screening rate and plans to train the site providers. **AHN Morningside (AHN-M)** **maintains** a high screening and completed brief intervention rate. All three sites will **monitor connections to care** with the post grant protocol. **Crafton Medical Center (CMC)** maintains a **high screening rate** and will continue to collect data.

Project to Date

PA SBIRT aims to provide SBIRT services to 20,778 unduplicated patients during the grant period. All data is collected and reported in accordance with the Government and Performance Results (GPRA) Act of 2010. The purpose of this report is to outline key findings and recommendations based upon GPRA analyses for the PA SBIRT initiative to date.

9 Active Project Sites

22,375 Unduplicated Screenings

→ **20,349** GPRA Target

→ **109.96%** Coverage Rate

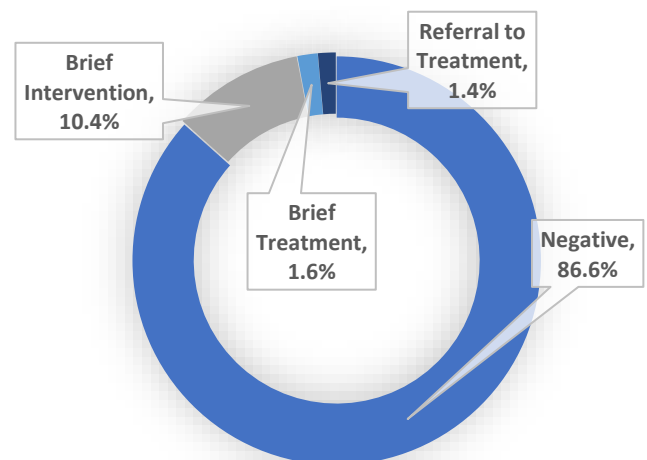
→ **86.6%** Scored "Negative" (Figure 1)

84,782 Total Screenings Conducted

5,687 Brief Interventions Conducted

1,038 Connections to Speciality Resources

Figure 1. Screening Distribution



Patient Follow-Up

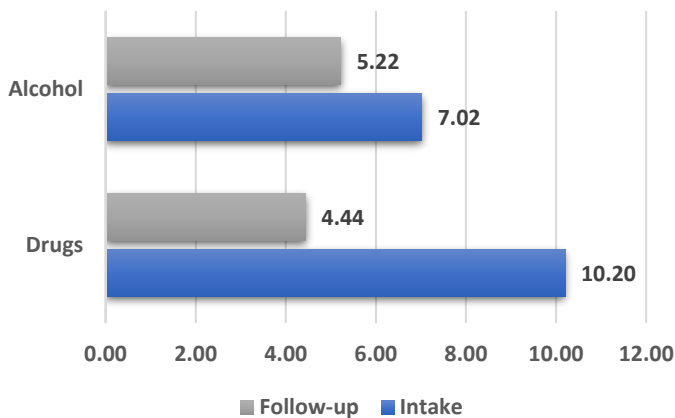
The PA SBIRT initiative is committed to following-up with **10%** of patients who score in the BI, EI, or RT ranges. CSAT requires grantees to conduct a 6-month follow-up interview with at least **80%** of these patients. Six-month follow-up interviews can be conducted between 5 and 8 months after initial patient intake.

Collectively, the sites enrolled over 10% of eligible patients in follow-up. The Pitt PERU team will continue to conduct follow-up interviews for those enrolled in follow-up.

- EMPOWER³⁶⁰: **11.82%**
- Altoona Family Physicians: **8.43%**
- Pregnancy Care Center: **24.00%**
- Sharon Medical Group: **9.62%**
- Greenville Community Health Center: **10.40%**
- Forbes Family Medicine: **9.90%**
- Crafton Medical Center: **15.63%**
- AHN Downtown: **15.00%**
- AHN Morningside: **15.63%**

- 3,009** Eligible for Enrollment
 - **312** Patients Enrolled
 - **10.37%** Total Enrollment Rate
- 276** Eligible for Interview
 - **248** Interviews Completed
 - **89.86 %** Completion Rate

Figure 2. Average Days of Use in Last 30 Days (N=269)



PA SBIRT screens patients from 18 years of age and up for substance use. Patients scoring in the BI, BT, and RT ranges are eligible for follow-up interviews with the team. The team analyzed data around **average days of use** of follow-up patients at intake and 6 months after.

Results from the analysis show there is a **decrease of about 2 days** in average days of use for alcohol at the 6-month interview (n=269).

Results from the analysis show there is a **decrease of about 6 days** in average days of drug use at the 6-month interview (n=269).

Year 4 Quarter 4 Work Plan

Project Site Activities	Sustainability Activities	Data/Evaluation Activities
<ul style="list-style-type: none"> • Provide Monthly Data Reports • Review Minutes from CQI Meetings; Provide Feedback • Review Training Evaluations; Provide Feedback • Hold Project Site Off-Boarding Meetings • Prepare workflow protocols without GPRA data collection • Complete training on modified workflow protocol 	<ul style="list-style-type: none"> • Disseminate Implementation Manual • Disseminate SBIRT App • Hold Champion Training Events 	<ul style="list-style-type: none"> • Site Specific GPRA data collection and entry • Complete Follow Up Interviews • Begin Dissemination Efforts

PA SBIRT has partnered with three sites within Blair County: **EMPOWER360 Center for Health (EMP)**, **Altoona Family Physicians (AFP)**, and **UPMC Pregnancy Care Center (PCC)**. Sustainability calls occur monthly for all three sites.

56,601
Screens to Date

10.55%
Eligible Patients
Enrolled in Follow-Up

Intervention Outcomes	EMP	AFP	PCC	Total Services Completed
Brief Intervention (BI)	1,460	1,559	420	3,439
Early Intervention (EI)	46	18	2	66
Referral to Treatment (RT)	494	86	284	864

Highlight from June

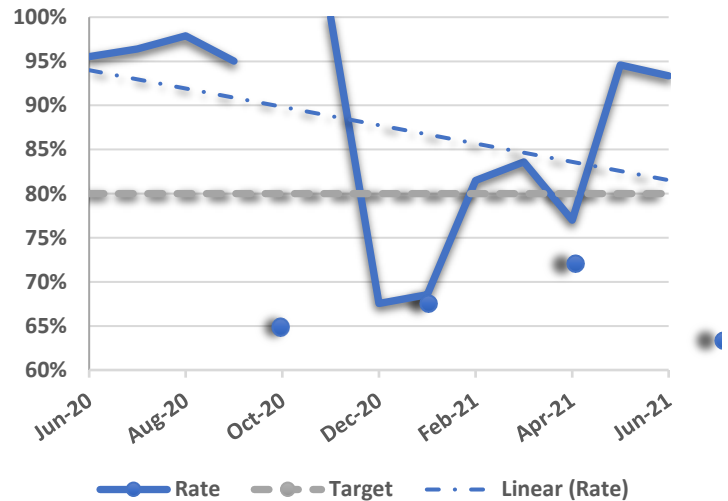
Site Highlight: EMP

- The site **increased** the screening rate over the past six months (**Figure 3**).

Lesson Learned

- The site has successfully integrated SBIRT into the telehealth workflow by using continuous quality improvement strategies and problem solving. The staff demonstrate commitment to ensuring patients can receive the services they need to optimize their overall health.

Figure 3. EMP Screening Rate



EMPOWER³⁶⁰

- The EMP team finalized materials and resources to maintain services post grant and completed a set of internal trainings for new staff at the Cheswick office.
- The EMP team will continue to monitor tablet implementation and move to an electronic screening workflow.

Altoona Family Physicians

- The AFP team continues discussions around electronic SBIRT integration and SBIRT data collection.
- The AFP team will monitor SBIRT services and connection to care with the post grant protocol.

UPMC Pregnancy Care Center

- The PCC team integrated SBIRT training in the onboarding process for a new staff member.
- The PCC team will continue to monitor the post grant workflow and connection to care.

PA SBIRT has partnered with two sites within Mercer County: **Sharon Medical Group (SMG)** and **Greenville Community Health Center (GCHC)**. Biweekly and monthly calls occur with PERU to assess SBIRT services and discuss quality improvement opportunities.

13,989
Screens to Date

9.76%
Eligible Patients
Enrolled in Follow-Up

Intervention Outcomes	SMG	GCHC	Total Services Completed
Brief Intervention (BI)	1,765	32	1,797
Early Intervention (EI)	28	2	30
Referral to Treatment (RT)	30	1	31

Highlight from June

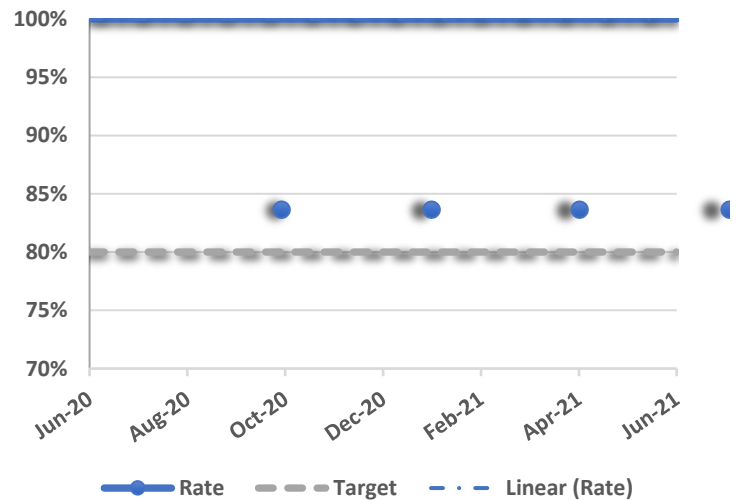
Site Highlight: GCHC

- Even with the challenges of the past year, the site still has been able to offer the screen to **all patients** (Figure 4).

Lesson Learned

- Through electronic screening, the site can screen eligible patient efficiently.

Figure 4. GCHC Attempted Screening Rate



Sharon Medical Group

- The SMG team continues to show high screening and brief intervention rates.
- The SMG team developed a post grant protocol and will monitor implementation and patient connection to care.

Greenville Community Health Center

- The GCHC team developed a post grant protocol and will monitor implementation and patient connection to care.
- PHN leadership will continue to discuss integrated care and SBIRT from a network level.

PA SBIRT has partnered with four sites within Allegheny County: **Forbes Family Medicine (FFM)**, **Crafton Medical Center (CMC)**, **AHN Downtown (AHN-D)**, and **AHN Morningside (AHN-M)**. Sustainability discussions are ongoing regarding the continuation of SBIRT services.

14,192
Screens to Date

11.14%
Eligible Patients
Enrolled in Follow-Up

Intervention Outcomes	FFM	CMC	AHN-D	AHN-M	Total Services Completed
Brief Intervention (BI)	370	34	16	31	451
Early Intervention (EI)	27	1	0	6	34
Referral to Treatment (RT)	11	0	2	0	13

Highlight from June

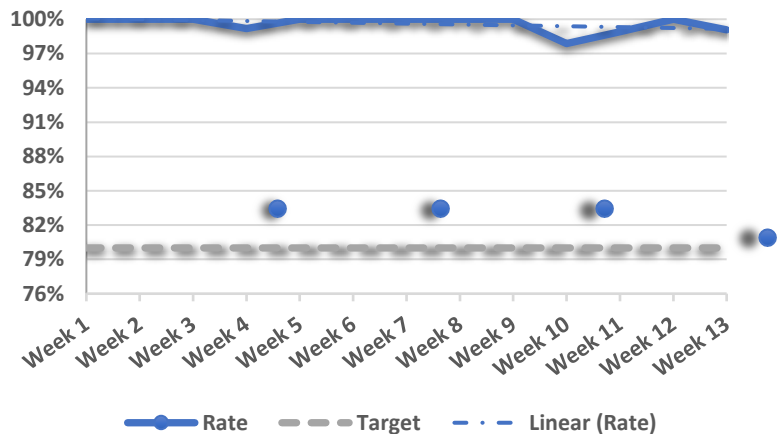
Site Highlight: CMC

- The site maintains a screening rate **above** the 80% target (**Figure 5**).

Lesson Learned

- The site is engaged in the SBIRT process and follows up with the patient regarding their screening outcome. The site displays a strong **commitment** to ensuring that all patients can complete the screen and discuss their health.

Figure 5. Crafton Screening Rate



Forbes Family Medicine

- The FFM team has a post grant protocol and continues to lead SBIRT team calls.
- The FFM team will continue to monitor the timeline for electronic screening integration.

Crafton Medical Center

- The CMC team is continuing SBIRT data collection until September.
- AHN shared a “Kudos!” flyer to highlight the accomplishments of the site.
- The CMC team will work with PERU to develop an electronic screening protocol when appropriate.

AHN Downtown

- The AHN-D team increased the screening rate, ensuring all patients can get connected to care.
- The AHN-D team will train other providers during tablet integration.
- The AHN-D team will work with PERU to develop an electronic screening protocol when appropriate.

AHN Morningside

- The AHN-M team has maintained high screening and brief intervention completion rates.
- The AHN-M team will work with PERU to develop an electronic screening protocol when appropriate.